

Book Release Announcement

Senior Cohousing Handbook

By Charles Durrett

Release Date:

May 2009

Request review copies: Ginny Miller at New Society Publishers
Ginny@newsociety.com tel: 1-800-567-6772, ext. 110

Booksigning and media: Christopher Lindquist
chris.lindquist@cohousingco.com tel: 530-265-9980

Pre-order by visiting: www.newsociety.com/bookid/4040

Excerpt

Currently, seniors represent a record 12.4 percent of the American population, which, with the swell of post-WWII baby boomers entering seniorhood, will increase to 20 percent by the year 2030. Clearly, action must be taken, and quickly, to correct these household and community shortcomings. But what can be done, and by whom? How can we better house ourselves as we age? I believe that the answer lies in senior cohousing communities.

Having visited many of these communities, I'm now a firm believer that 20 seniors stranded on a desert island would do better at taking care of most of their basic needs than the same 20 left isolated or in an institution.

— Charles Durrett, from *Senior Cohousing Handbook*

Advance Praise for Charles Durrett's *Senior Cohousing Handbook*

This book is about building community — community and small scale problem solving. It is about seniors reaching their potential in healthy communities — communities where seniors are not cast adrift to fend for themselves. This book makes it possible for seniors to get together and make a neighborhood for themselves that makes perfect sense to them.

— Eric Utne, co-founder of the Utne Reader

Dive right into this book and be enriched by the insights and the wisdom you will find there. I'm not kidding. Go. Now. Your future is waiting for you. — Bill Thomas, MD, from the Prologue

Charles Durrett has written a book inviting an exciting eldership....Wouldn't it be great if every step of life had such thoughtful design? — Patch Adams, MD, from the Foreword

About the Book

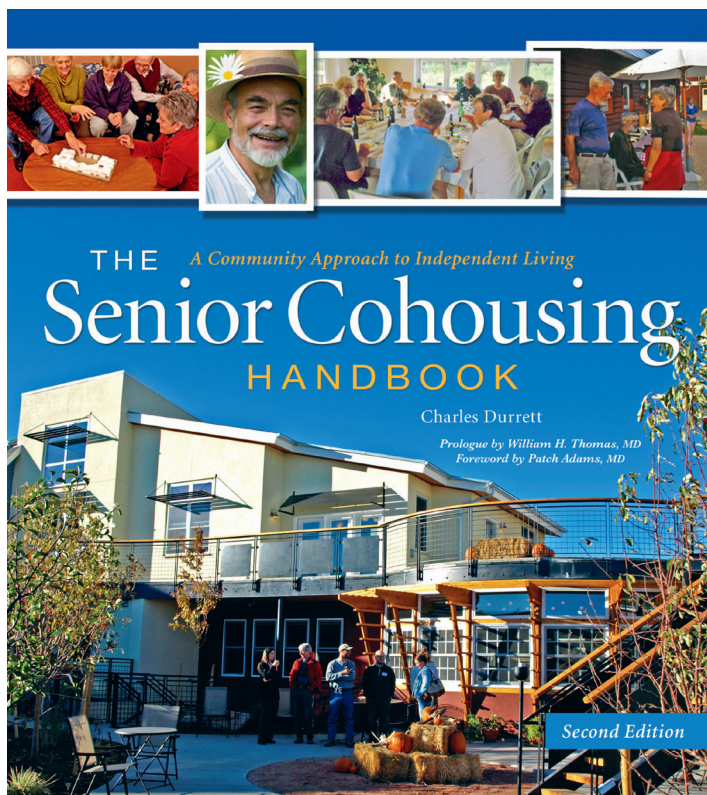
No matter how rich life is in youth and middle age, the elder years can bring on increasing isolation and loneliness as social connections lessen, especially if friends and family members move away.

New Society Publishers Second Edition of Charles Durrett's *Senior Cohousing Handbook* comes at a time of high interest in new issues around greening, sustainable housing and affordable living.

Senior cohousing is ready for the fast growing baby-boomer demographic -- healthy, educated and proactive adults who want to live in a social and environmentally vibrant community.

This comprehensive Senior Cohousing guide to joining or creating a cohousing project, is written by the Charles Durrett, who coined the term, introduced the idea to the U.S. and is currently the U.S. leader in the field as an architect and consultant.

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Author Biography

Charles Durrett is the author of three books, including *CoHousing: A Contemporary Approach To Housing Ourselves* (with Kathryn McCamant). A leading cohousing architect, he has won numerous awards, including the United Nations World Habitat Award and the Best of 50+ Housing Award (National Home Builders Assoc. 2008). Durrett is credited with coining the term 'cohousing' and together with wife and professional partner, Kathryn McCamant, introduced cohousing projects to America.

See Awards here:

<http://www.cohousingco.com/awards.cfm>

Learn more about McCamant & Durrett Architects by visiting:

<http://www.cohousingco.com>

